

ASSISTING AT THE SCENE OF AN ACCURATION OF ACCURATION

On the morning of February 25, 2015, Paul Hawkins, Charles Prunty, and their crew, met at a Verizon® service center near Brandywine, Maryland to control traffic around the installation of fiber optic lines on overhead poles.

The job site was on a roadway which connected to an intersection right across from an elementary school. The Verizon® team began to set up their trucks while the Flagger Force crew started setting their cone tapers and buffer area to form the work zone. As Paul and Charles finished the end of the taper and the crew members prepared to control traffic, a sudden screech of tires and the crushing sound of vehicles colliding could be heard. Quickly, Paul and Charles, with stop/slow paddles in hand, rushed to the scene of the crash. Paul and Charles came upon the unnervingly quiet and still moments that follow an accident. People in the immediate area were halted in their tracks trying to understand what just happened in front of them.

A mother and her daughter were making a left turn into the school and an oncoming vehicle had slammed into the side of their car, leaving it totaled. Paul and Charles approached the vehicles and checked on those involved in the accident, who seemed injured but relatively stable. Emergency crews were contacted to send help to the scene. The Flagger Force crew began controlling traffic around the accident to protect the victims from further danger. Officer Jason Hopkins of Charles County Police arrived on the scene and was relieved to see that traffic was under control so he could safely start assisting those involved in the accident. As emergency crews arrived on the scene, Paul and Charles stopped traffic so

the medical crews could access the crash site and quickly begin assisting those with injuries.

The crash victims were taken to the hospital and treated for injuries (thankfully they have all now made full recoveries). Paul and Charles assisted police in moving the damaged vehicles off the roadway to clear the intersection for traffic as well.

After the incident, Officer Hopkins reached out to Flagger Force to share how impressed he was with the instinctive and caring response of both Paul and Charles. He noted that it was critically helpful to the first responders, the victims, and the community.

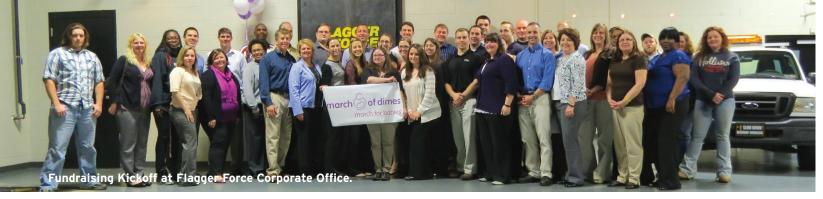
"I wish we had more people like Paul and Charles that could help in situations like this.", said Officer Hopkins. "They were so willing to provide effective help during an emergency which is rare in my experience."



The Flagger Force safety culture often goes beyond the work zone to become part of the fabric of our communities. As always, at Flagger Force we try to recognize our teams when they inspire us with their commitment to safety and community. Flagger Force is proud to present Paul and Charles with our **Safety**•**Driven SPIRIT Award** (pictured above) for their demonstration of Flagger Force values and making safety their first priority.



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FLAGGER FORCE **MARCHES FOR A CAUSE** ent of Flagger Force, Christopher Burton, Vice-President, Electric Distribution, BGÉ and Sara Bielecki, Community Director, March of Dimes

Here at Flagger Force, we are passionate about making a difference in the communities where we live and work. On Saturday, May 9th, members of our Flagger Force team participated in the March of Dimes, March for Babies in Cockeysville, Maryland.

The march is a national event that has inspired hundreds of people and companies to raise funds to support healthy families and babies across the nation. The March of Dimes uses these resources to help moms have full-term, healthy pregnancies and provide care to premature babies. One in seven babies in Baltimore are born premature. Donations raised through this initiative go directly to moms and babies as well as healthcare research to prevent early births in Central Maryland.

Flagger Force was invited to participate in the march through our close partnership with Baltimore Gas & Electric (BGE), who has been a long standing backer of the March of Dimes and the March for Babies. Flagger Force raised nearly \$14,000 as a donation for the nonprofit. This was raised through team donations, individual fundraising efforts of the "marchers", and special fundraising efforts at Flagger Force such as 'Wear Jeans Day', bake sales, and a generous match from the Doner Family Foundation.



Flagger Force's President, Michele Doner, leads the team for the March For Babies.

"The health of babies is important to us," said Jennifer Tarr, division director, Central Maryland, Maryland-National Capital Area Chapter, March of Dimes, "Having partners like Flagger Force and BGE that are as passionate as we are is a joy."

A donation check was presented by Michele and Mike Doner at the Baltimore branch during the BGE and Flagger Force Partnership Luncheon on May 21st to Christopher Burton, Vice President, electric distribution, BGE, and Sara Bielecki, Community Director with the March of Dimes of Greater Baltimore.

Flagger Force has a strong commitment to working with organizations throughout the Mid-Atlantic region who give back to the communities we work in. We not only work to have safe work zones but a safe and healthy community in which our families will grow.



A "photo-finish" for Mark Bender, Director of Finance for Flagger Force, and Mike Doner, Vice-President of Flagger Force, to win the unofficial race. (Brittany Grothey and Erica Chilcote also pictured).

DISTRACTED DRIVING

Regional State Laws Restricting Phone Use While Driving

State	Hand Held Ban	Texting Ban
Delaware	Χ	Χ
Maryland	Χ	Χ
New Jersey	Χ	Χ
New York	Χ	Χ
North Carolina	/	Χ
Ohio	/	Χ
Pennsylvania	0	Χ
South Carolina	0	Χ
Virginia	/	Χ
West Virginia	X	Х

X = All Drivers 0 = No Ban

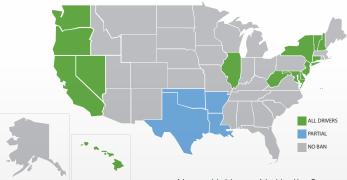
/ = Some Drivers: Drivers 18 Years and/or Younger & School Bus Drivers

Flagger Force is focused on continuing to share our **Safety** • **Driven** passion with others. In recent years there has been an increase in vehicle accidents linked to distracted driving. The number one distraction danger is mobile phones. Typing a quick text, reading a social media post, or dialing a phone number causes drivers to remove their eyes and attention from the roadway and puts everyone on or near the road in danger.

Using a mobile phone while driving can lead to a number of other dangerous events such as incomplete stops at a stop sign or on red light right turns, following vehicles too closely, hard braking, driving with one or no hands, and unsafe lane changes and mergers. The Centers for Disease Control and Prevention (CDC) reports that about nine people each day in the United States are killed, and more than 1,153 people are injured in crashes related to distracted driving.

According to the Governors Highway Safety Association (GHSA), a non-profit policy organization for state highway offices, of the 50 United States, mobile phone use of any kind is banned for drivers in 14 of those states.

Hand-Held Phone Restrictions Across the U.S.



Map and table provided by the Governor's Highway Safety Association (GHSA).

When it comes to safety, Flagger Force has always and will always hold our employees to a higher standard by prohibiting the use of hand-held devices while driving. Texting (keypad use) while driving is strictly prohibited at Flagger Force. Hand-held phone use and texting is permitted only when the vehicle is parked in a safe location off the roadway, or when using Bluetooth or another hands-free device.

Many people these days use smart phone mapping applications to navigate when driving. While smart phone navigation is permitted at Flagger Force, using the touchpad of the phone while driving is prohibited.

A simple and inexpensive dash-mounted phone holder allows drivers to safely utilize navigation apps when driving while still honoring the Flagger Force policy.



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Prestigus Brown

Staying true to her name, Prestigus is a respected member of the Flagger Force team in Baltimore/Washington. With the recent events in the city, as a company we strive to stay focused on the welfare and safety of our crews out in the field. Prestigus, a native of Baltimore, took a few minutes to talk to us about her experience working at Flagger Force.

Flagger Force: Prestigus, you have been with Flagger Force for almost a year and a half. What gave you the idea to join the team?

Prestigus: Well, I was looking for something with a chance to advance and offered some interesting work. I'm actually an Advanced Crew Leader (ACL) now, which makes me feel good! Being a mother of three, I have a family to look after, so I am happy to have this job.

Flagger Force: Three kids at home seems pretty exhausting after a long day out in the field. How do you manage?

Prestigus: Yes! It's exhausting, but of course I love it! My grandmother helps out a lot so I'm thankful for that.

Flagger Force: How old are your children?

Prestigus: My son, AJ, is 5 years old, and I have a set of twins, Promise and Perswaja, both 2 years old. Actually, the twins are in the middle of potty training right now so it gets a little crazy sometimes (laughing).

Flagger Force: Wow! Being busy at home, how did you advance so rapidly at Flagger Force?

Prestigus: I have always tried to take on as much work as I can. If there is a job available I try to take it – even night work. I like getting the hours.

Flagger Force: What do you think about driving a Flagger Force truck to work?

Prestigus: Honestly, I love it. It's definitely a nice vehicle. I like to keep it tidy with all my signs and cones organized in the back. As an ACL, you have more equipment for the complex setups.

Flagger Force: There was a fair amount of training required to become an ACL. How was that process for you?

Prestigus: Becoming an ACL was very doable, but you have to be willing to commit the time. The [Flagger Force] Academy training is very good. Once I completed all the training, I was able to lead jobs right away and feel comfortable out there. Even though I am an ACL, I still do active flagging jobs, so I like that.



Flagger Force: Do you have any interesting stories from the field?

Prestigus: Honestly, every day is interesting. Every day is different. I think the scariest thing is when a driver runs your paddle. It just happened to me a few weeks ago. A man was impatient and upset. I showed him my stop paddle but he actually hit the gas and headed into the work zone! I quickly got myself in a safe position and radioed my partners and the client about the car. Suddenly, we heard brakes screeching as he met up with another car coming the opposite direction. They didn't hit, thankfully, and we were able to regain control of the traffic. It amazes me how some drivers can become so irrational and upset when stopped in front of a work zone.

Flagger Force: Wow! That is so dangerous.

Prestigus: It can be crazy sometimes, but I do feel that if you follow the training you can be safe. I mean, we always say **Safety•Driven**, and it is part of the job.

Flagger Force: What is next for you, Prestigus?

Prestigus: I am not sure, but I am excited to see what Flagger Force has in store for me next! With all the growth going on, there is a lot of new opportunities for people to advance.

Flagger Force: Thanks for taking the time to chat with us Prestigus.

Prestigus: It's all good. I am glad to share my story.

BEE STINGS

When we encounter a bee, our first thought is usually, "I hope I don't get stung!" It's also a little unnerving to know that there are 16,000 species of stinging insects in North America. Less than 1% of these insects are responsible for human stings, as most of these stinging creatures just attack other bugs.

All the stinging insects belong to a group called Hymenoptera, which essentially means they stick you with a hollow needle filled with venom. Your run of the mill honey bees, bumble bees, and carpenter bees are part of the Apidae Family and are generally pretty relaxed. They only sting when stepped on or closely threatened.

The nastier group of winged stingers are part of the Vespidae Family which includes yellow jackets, hornets, and wasps. The Vespidae are the most aggressive and in some cases will chase their victims for up to a quarter of a mile. These Vespidae mostly feed on other insects, but yellow jackets will also consume sugary things like your open soda. Yellow jackets account for most stings overall in the United States. Yellow jackets and other Vespidae have smooth stingers and can nail you multiple times in one attack.

The noble honey bees, who are critical to pollinating our commercial food supply, have barbed stingers that they leave in your skin through a detachment process. This process actually causes

them to die if they sting you which is one reason why honey bees are not keen to attack.

There are over a million cases of bee stings in one year in the United States. These cases vary from mild/moderate to life-threatening, but the majority are mild and can be self-diagnosable and self-treated.

Typical symptoms for a mild/moderate case are skin rash, swelling, redness, pain, or itching. When you have a mild reaction, carefully remove the stinger (if there is one) then wash the area thoroughly with soap and water applying a cold compress to help the swelling. An effective home remedy to ease the pain of a sting is to apply meat tenderizer which contains an enzyme called papain that breaks down the protein in bee venoms.

The average person can safely tolerate 10 stings for each pound of body weight. This means that the average adult could withstand more than 1,000 stings, whereas 500 stings could kill a

child. However, in a person who is allergic to such stings, one sting can cause death due to an anaphylactic reaction (a life-threatening allergic response in which blood pressure falls and the airway closes). The Centers for Disease Control and Preventions claims that in the United States, there are an average of about 60 deaths per year caused by stings from flying insects, which is more deaths than shark attacks or snake bites.

Symptoms of a severe reaction to a sting include difficulty breathing, tongue swelling, nausea, and unconsciousness. For those that have a severe reaction to a bee sting, epinephrine (EpiPen) should be administered right away and medical treatment should be consulted as soon as possible. According to a recent report by ABC News, only half the people at risk for severe reactions to bee stings are even aware they are allergic. Screening for sting allergies is not a common practice so most people don't find out their lives are in danger until they are stung.

In light of this risk, everyone should keep an eye out this warm season for bee sting symptoms which can be similar to a heat stroke. If someone suddenly falls ill, always try to find out if a sting took place. You should always carry an EpiPen or other prescribed sting medications, if you know you have a sting allergy. As always, staying alert at your job site and to your surroundings will help keep you and your team safe among the many risks we face on the job each day.





HORNET



YELLOW JACKET



WASP

Sources: ABC News, Merck & Co., Inc., The Cleveland Clinic Foundation, Centers for Disease Control and Prevention, and Houston Beekeepers Association.

EpiPen® (epinephrine injection)

typically goes into the leg.

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Lastenia Hagar and Randall Cutler were a great team today. They both know what needs to be done to complete the job safely and efficiently. - Paul Reisler, BGE Foreman

Wesley Lowe did a great job taking charge and coordinating the day's work. He explained all aspects of the work to all crew members and the client. - Carlos Castellanos, Field Supervisor

Richard Morgan was very polite and professional. I was driving through a work zone that he was working on today and was able to give me directions on where to go and how to get around the construction that was going on. - Susan Silver, Motorist

Charles Linn Jr., Paul Guyer, Lorraine Thomas, and Destiny Zelanko did a great job today! I cannot say enough good things about each of them individually and collectively as a team. - Tony Delbindo, Verizon Foreman

My crew of Louis "Allen" Kohl and Tremayne Brown did an excellent job today. Eric Dietrich did a great job establishing an adequate buffer space to keep my crew and I safe, even despite the long work zone. Tremayne did a wonderful job on his 2nd day as a Crew Leader. - Bob Benner, Met-Ed Foreman

I really like the work that Paul Davis did for us today. I really enjoyed working with him on-site. - Joe Meehan, Foreman, General Asphalt

Paul Bednarczyk and Reginald Taylor did a great job tailoring the PATA 107 setup to fit the road conditions today. The setup functioned very well and I was pleased with their performance. - Frank Kreegar, UGI Foreman

Tyhesha Hughes was very attentive and knowledgeable when I called in to the King of Prussia office today. She assisted me very guickly and thoroughly. - Jeff Parke, Delmont Utilities



It's easy to show your appreciation! Email your acknowledgments to

kudos@flaggerforce.com

The crew of William Hoff, Anthony Harris, Tommy Henderson Maurice Smith, James Jolly Jr, and LaShawndra Moore Rolle worked great together to provide us with a well-controlled and safe work zone today. I will definitely use Flagger Force again and recommend this crew to anyone who has a complex traffic control need. - Ronald Weaver Jr, Director of Public Works Newtown Township PA

Richard Gallion, Jermaine White, and Preston Williams did a great job at responding safely and swiftly to assist my crew with an emergency operation today. I also was impressed with how guickly Flagger Force was able to accommodate setting up my account and filling my order last minute. Thank you to Brittany Grothey and Brittany Cremona for smoothing the paperwork process. - Gary Miller, Orbits Construction

Brandon Owens and Ellery Haynes III did an awesome job today. They arrived early, were prepared, and very professional. I really appreciate all their hard work. - Don Martinson, CH2M Hill Foreman

The crew of Tommy Henderson, Donte Hawes, Lawrence Elmore, and John Knarr, Sr., were efficient during our work zone today. They all did an outstanding job! - Tim Host, Riggs-Distler

I enjoyed working with UGI on Winding Hill Road this week. David Hankewycz and Terrance Walls were great to work with. - William Lacerenza, Flagger Force Crew Member

Kevin Sweger, Martin Wenger, Mario D'Elia, and Bryan Rideout were all professional and did a great job in our work zone today. They made it very easy for us to complete our job safely. - Andy Kerstetter, Foreman, J.D. Eckman, Inc.

My experience with Flagger Force has been great. A lot of my work zones are in the northwest region and everyone from the office staff to the field crew get everything set up safely and on time. - Mike Showers, Front Operational Leader, Columbia Gas

The crew of David Cowan, Tayon Ross, Raven Wilson, Gerald Queen, and Michelle Carpenter did an amazing job assisting BGE move equipment from various yards across the city of Baltimore to the Timonium Fairgrounds this morning. Jason Leonard and **DaLaine Johnson** were also able to assist. They all showed up to work positive and ready to work. - Ricky Ueberroth, Flagger Force Baltimore Assistant Branch Manager

William (Bill) Good and Ray Rinehart did a Brian Marley and Paul Miles were a great fantastic job for me today in Virginia. The work zone ran very smoothly over our job duration. - Jason Bumbaugh, Foreman, Hammaker Fast, I td.

Today was such a great day while working with Donald Peaton, Gregory Lewis, Deron Spencer, and D'Juan Terry. Everyone was professional and represented Flagger Force very well. Great job! - Yvonne Whitaker, Force Advanced Crew Leader Flagger Force Crew Leader

I want to take a moment to compliment the crew of Brenda Hunt and Emmanuel Anderson. They were on the job site on time tonight and promptly set up the required road set-up. Their professionalism and care to detail was very impressive as they consistently checked-in with my crews to verify everything was adequate. It is always a pleasure working with a well oriented team that makes our crew feel safe while working in a busy and dangerous traffic zone. - Bernie Helm, Supervisor, BGE

I am very impressed with the Flagger Force crew of Randy Stanley, Jeffrey Snyder, Philip Phil Bell, David Russ, Lester Robinson, Wallace Butler, Chester Porter, and Stephen Abel. Each of them did an amazing job actively managing the road to keep everyone safe today. I also want to extend a 'thank you' to Erica Miller. She assisted in adjusting the order and dispatching additional crew members the day before the event. The day was a huge success! - Bob Fleshner, Project Manager, American Odyssey Relay

Thank you to Shawn Mitchell and Christopher Kane for working so well today. We had a delicate wiring job and they both were quick to respond when we needed traffic stopped. Thanks to Flagger Force as well for training their crews! - *Greg Case, Foreman, Penelec*

Anthony Cronin, Khalid Abdul-Jalil, and Saeed Braswell did an excellent job communicating during our work zone today. They kept each other and our crews informed throughout the day. - Jake Hustler, Foreman, East Coast Underground

The crew of Roland Mack, Kendall Trice, Christopher Scott Crandall, Pierre Thomas, George Jacobs, Raven Wilson, Artemus Neil. Jermaine White, and Edward Wilburn have done a great job at our job site. They were attentive to signage, roadway, and contractor needs throughout each day of the project. - Doug Walter, Foreman, BGE

crew today. They are men of action with a program for success! - Mark Robinson, Foreman, BJ Baldwin Electric

Today I had the opportunity to work with James Swann and Tyler Abell. They are new to Flagger Force and were great to work with. They are both professional and work well together. - *lain Dorney, Flagger*

I am very impressed by **David Ducksworth** for keeping myself and my crew safe throughout the day. I also wanted to express my gratitude to everyone I had worked with at Flagger Force, from setting up my contract, to placing the order with Laura Bloom and the crew. - Michael Gardner, Foreman, Gardner Construction

In a very busy and congested area, the team of David Barrick, Joseph Butler, and Susan Mackey set up a great work zone today. The whole day ran very smooth and they did an excellent job. - Jon Haney, Foreman, Exelon Nuclear Division

Today I spent time with the crew of William "Bill" Good, Stepfone Williams, Michael Franklin, and Edward Leopold. The crew was on time and ready to work today. Each of them had great communication skills and professionalism on the site, even when there were outside pressures. - Ryan Cox, Flagger Force Field Supervisor

The crew of Lillian Murchison and Juanita Lowe assisted us with a traffic control set up that was on a very dangerous roadway. The work zone was set up in a safe way. I drove through the complete work zone and as a driver I knew exactly what they wanted me to do and where they wanted me to go with no confusion. My crew also felt very safe being inside the set-up that was provided. - Ray Stewart, Foreman,

The crew of Courtney Pointer and Davon Bivins did an excellent job in our work zone today. The site was set up very well and allowed us to do our job safely. - Mike Buser, Foreman, BGE

Thank you to Rodger Keaveney, Guy Horne, Jr., and Monica Jackson. They were quick to correct me on safety issues within the work zone. - John Raudenbush, Foreman, Verizon

Drevon Gorham and Duane Runkle work very well together. They were focused on keeping everyone at the site safe and did a fine job today. Thank you! - Jim Hoke, Foreman, PPL

Dawn Hopkins, Ronald Truitt, Phillip Brown. and Dontay Burrell did a great job this week at our work zone today. They are all great to work with and have a positive attitude. - Chris Leonard, Foreman, Miller Pipeline

Today I had the pleasure to work with Henry Bivins, Darius Brown, and Frederick McLean II. The job site had blind turns and was heavily wooded and the crew did a great and safe job. I will definitely use Flagger Force again for this type of work zone set up. - Dustin Moore, Foreman, Precision Tree Services

Omar Bennett and Aaiyda Brown are a great team. They work well together and kept our job site safe today. - Scott Ochs, Foreman, Advanced Fiber Technologies, Inc.

KUDOS to Louis Sulsona, Paul Bednarczyk, and Brian Cali for assisting in an emergency gas leak this afternoon. They set up the site and had the client on the road in a safe and timely manner. - Jeshima Devine, Flagger Force Operations Specialist

Edward Wilburn, Tyree Richardson, and Scott Metcalf did a great job today at the work site. They were great at communication with each other and my crew. - Greg Mueller, Foreman, BGE

I had the opportunity to work with Larry Newman and <mark>James Howell</mark> last night. They did a fantastic job and followed their training very well. Thank you for the great work. - Jonathan Montes, Flagger Force Advanced

My crew felt very safe as Maryanna Slody and Thomas Frazier were on our site today. Both of them were very attentive to the details of the work zone. - Steven Hunsberger, Foreman, Bethlehem Township Municipal Authority

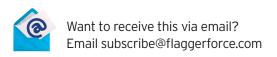
I would like to recognize my crew of Daniel Walker and Pierre Thomas today. The work zone set-up was great and everything moved smoothly. - Aikia Harkum, Flagger Force Crew Member

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Keeping Our Communities Clean

Flagger Force took part in a recent clean-up effort that removed tons of roadside trash in Pennsylvania. On May

20th, Flagger Force partnered with PPL Electric Utilities to provide traffic control services for a large clean-up project organized by Clinton County Cleanscapes, a non-profit community service organization dedicated to cleaning waterways and landscapes specifically in Clinton and Lycoming Counties of Pennsylvania. Since 2000, Cleanscapes has completed over 90 clean-up events and collected over 1,100 tons of trash and debris, including over 9,000 tires.

The clean-up was done to prepare for the creation of a nature trail that will connect to the Bald Eagle and Spring Creek Canal Trail system in Clinton County, PA. The trail path will be located on East Keller Street and Youngdale Road, which are scenic roadways that slice through a woodland landscape in Castanea Township. Sadly, this stretch of road had become a dumping ground for trash over the years. Cleanscapes, PPL, and other partners have dedicated not only man hours, but also monetary donations to clean and develop the new trail.

The role of Flagger Force was to keep the 43 volunteers safe while they worked to restore the landscape alongside the roadway. The crew of Lorne Koons, Christopher Miller, Randy Sowers, and Mark Tuscan were able to set up and manage a tricky work zone along this long and winding forested roadway with limited visibility. In the end, 1.22 tons of tires (163 tires) and about four tons of trash were removed from the area, returning its natural beauty.

"Flagger Force did a spectacular job on our site," said Teri McBride, director of Regional Affairs, PPL Electric Utilities, "It was important to us to have the support of the crew to provide a safe area."

Crew member, Christopher Miller said, "It feels great to be involved in a significant clean-up effort such as this. It was really powerful to see all the bags of trash being removed from the site."

The other volunteers involved in the initiative included: Clinton County Commission Supporting Members, Wayne Township Landfill/Solid Waste Authority, PennDOT Dist. 2, Clinton County Gov./GIS/MIS departments, and Clinton County Community Foundation, Inc.



Volunteers of Clinton County Commissioners, PPL Electric Utilities, Cleanscapes, and Flagger Force come together to improve the local community. Photo courtesy of Clinton County Cleanscapes.